The Hangar Menu

October 2023

	2 MEATBALLS MARINARA ROTINI ITALIAN VEGETABLES SOUP OF THE DAY	CHICKEN FAJITAS CILANTRO & LIME RICE STEAMED CORN SOUP OF THE DAY	4 5 SPICE CHICKEN STEAMED RICE GREEN BEANS SOUP OF THE DAY	5 SEASONED PORK CHOP MASHED POTATOES CHICKEN GRAVY BABY CARROTS SOUP OF THE DAY	CLOSED HOLIDAY
	9 CLOSED HOLIDAY	10 CHICKEN FAJITAS CILANTRO & LIME RICE STEAMED CORN SOUP OF THE DAY	11 5 SPICE CHICKEN STEAMED RICE GREEN BEANS SOUP OF THE DAY	CLOSED TRAINING DAY	13 BEEF BURGER SWEET POTATO WEDGES 5- WAY MIXED VEGETABLES SOUP OF THE DAY
1	16 MEATBALLS MARINARA ROTINI ITALIAN VEGETABLES SOUP OF THE DAY	17 CHICKEN FAJITAS CILANTRO & LIME RICE STEAMED CORN SOUP OF THE DAY	18 5 SPICE CHICKEN STEAMED RICE GREEN BEANS SOUP OF THE DAY	19 SEASONED PORK CHOP MASHED POTATOES CHICKEN GRAVY BABY CARROTS SOUP OF THE DAY	20 BEEF BURGER SWEET POTATO WEDGES 5- WAY MIXED VEGETABLES SOUP OF THE DAY
	23 MEATBALLS MARINARA ROTINI ITALIAN VEGETABLES SOUP OF THE DAY	24 CHICKEN FAJITAS CILANTRO & LIME RICE STEAMED CORN SOUP OF THE DAY	25 5 SPICE CHICKEN STEAMED RICE GREEN BEANS SOUP OF THE DAY	26 SEASONED PORK CHOP MASHED POTATOES CHICKEN GRAVY BABY CARROTS SOUP OF THE DAY	27 BEEF BURGER SWEET POTATO WEDGES 5- WAY MIXED VEGETABLES SOUP OF THE DAY
	30 MEATBALLS MARINARA ROTINI ITALIAN VEGETABLES SOUP OF THE DAY	31 CHICKEN FAJITAS CILANTRO & LIME RICE STEAMED CORN SOUP OF THE DAY			

Nutritional

Medicine

Flight



Optimizing
Health
Through
Nutrition

